

Supporting the Journey Home:

Growing the Community Bundle to Care for those with Serious illness

Supporting the Journey Home: Growing the Community Bundle to Care for those with Serious Illness is an educational program designed from a First Nations lens. The goal is to promote the early integration of a palliative care approach in community care teams. It is intended for community care providers (not palliative care specialists) who want to embed palliative care approaches into their practice.

THE MODULES



1. Gathering Early in the Journey



2. Communicating in an Honest, Clear & Healing Way



3. Strengthening Connections among Community Helpers

WHAT YOU CAN EXPECT:

- Opening and Closing from a Language Speaker in each module
- Indigenous knowledge and wellness practices
- Features knowledge from First Nations community resource helpers who co-designed this program
- Circle Reflections to share successful strategies and how to overcome challenges
- Case Studies for community care providers, that use appropriate language to demonstrate care in First Nations communities.

COMMITMENT:

- 9 weekly 1.5-hour sessions starting September 2024
- Virtual learning (Zoom with audio and camera)
- Participate in Circle Reflections
- Complete weekly exercises
- Access to an online learning platform (Moodle)

WHO IS IT FOR:

- Must be working within a First Nations community setting or coordinating care with community care providers based in a First Nations community (e.g. external care providers coordinating care for First Nations people

E.g. Physicians, nurse practitioners, nurses, social/mental wellness workers, patient coordinators, PSWs, CHNs, CHRs, Cultural workers, Elders. - anyone involved in the care of an individual with serious illness within a practice.

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